Trans* Friendly Resources in the Treasure Valley

This resource guide was compiled and created by the Boise State University Gender Equity Center.

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Compiled by the Boise State University Gender Equity Center, with special thanks to Dianne Piggot.
Counseling

Jennifer Gess, MA, LPC
LGBTQA Counseling and Training
Boise Counseling Center
988 S. Longmont Ave, Suite 100 Boise, ID 83706
(425) 922-9016
www.jennifergess.com

Kristine Kirsch, LPC, MCoun.
Kana Hiner, LCPC
Synchronicity Counseling
Individual Counseling and transition Group. Group offers a therapeutic support for individuals on hormone replacement therapy. Closed group meets every other Monday evening at 7pm. Contact for openings and prescreening requirements.
3350 Americana Terrace, Suite #215 Boise, ID 83706
(208) 830-8658
http://www.kirschcounseling.com/ResourcesforTransgenderedClientsandFamily.html

Mardi Stacy, PhD, PLLC; Licensed Psychologist
Work with adults, teens and couples, seeking help with relationships, transitions and more.
1718 W Jefferson, Boise, ID, 83702
(208) 424-8130
http://www.mardistacyphd.com/

Dr. Misty Wall, MSSW, LCSW
LGBT Issues, Family Adjustment
2825 S. Meridian Road, Suite 150
Meridian, ID 83642
(208) 297-9495
http://drwallandassociates.com/associates.html
Physicians

Dr. Marvin Alviso, M.D.
Family Medicine Residency
Family Medical, hormones, Puberty Blockers, HIV-AIDS, Sliding scale clinic
6565 W Emerald St, Boise, ID 83704
http://www.fmridaho.org/residency/
(208) 367-6030

Dr. Ashley Davis, M.D.
Certified in Family Medicine
Hormones and General Practice
222 North 2nd Street #204, Boise, ID 83702
http://davisfamilymedicine.net/
(208) 429-9100

Dr. Tara Whitaker, M.D.
Family Medicine, Hormones
Capital City Family Medicine
1520 W. State Street, Suite 100, Boise, Idaho 83702
https://www.stlukesonline.org/health-services/providers/whitaker-tara
(208) 947-7700

Dr. Daniel P. Flynn, M.D.
Pediatric Endocrinology
St. Luke’s Children Endocrinology
Idaho Professional Building 125 E. Idaho St Suite 200
Boise, ID 83712
Open Mon-Fri 8am-4pm
https://www.stlukesonline.org/health-services/providers/flynn-daniel
(208) 381-7340

Dr. Anthony Jordan, M.D.
FtM Hormone experience, Family Practice
St. Luke’s Family Health
12080 West McMillan Road, Boise, ID 83713
https://www.stlukesonline.org/health-services/providers/jordan-anthony
(208) 375-4955

Lisey Etherington, M.D.
FtM Breast Reconstruction
Saint Alphonsus Medical Group Plastic & Reconstructive Surgery
900 N Liberty St, Ste 101, Boise, ID 83704
https://www.saintalphonsus.org/reconstructive-surgery
(208)-302-2200
Crisis Support

IYG National Hotline for LGBT Youth
Provides comprehensive information about national and local resources for GLBTQ teens.
(1-800-347-TEEN)

The Northwest Network
The NW Network has provided services by and for the LGBT community for over 25 years.
http://nwnetwork.org/what-we-do/support-for-survivors/

FORGE
Improving the lives of transgender and SOFFA individuals since 1994, building strong connections, providing resources, and empowering personal growth.
https://forge-forward.org/
(414) 559-2123

Self-Rescue Manual
A guide to all community resources and supports in Ada County
http://www.selfrescuemanual.com/

Trans Lifeline
A crisis support hotline staffed by transgender people for transgender people.
translifeline.org
(877) 565-8860

Suicide Prevention Lifeline
Idaho Suicide Prevention Hotline provides crisis intervention, emotional support, problem solving and referrals to local resources for persons at risk for suicide and for those concerned about them.
https://www.idahosuicideprevention.org/
(1-800-273-8255)

Adriane Bang and Kim Camacho, LMSW
Boise State Gender Equity Center
Licensed Master Social Worker Adriane Bang and Kim Camacho can meet with students for support service meetings and provide referrals.
https://genderequity.boisestate.edu/
(208) 426-4259

Trevor Project/Helpline
Crisis Intervention for LGBT Youth
(866) 488-7386
http://www.thetrevorproject.org/section/about
Boise State University Resources

Boise State University Housing and Residence Life
Housing and Residence Life provides a vibrant residential experience that promotes learning, academic excellence, and meaningful relationships. Gender inclusive housing is available in most locations. For more information contact:
Vince Applegate: VinceApplegate@boisestate.edu or Christina Schwiderski: christinaschwiderski@boisestate.edu
Chaffee Hall
1910 University Drive
Boise, Idaho 83725-1355
Telephone: 208-447-1001
Fax: 208-447-1086.

Boise State University Pride Alliance
This student organization provides a safe space for LGBTQIA students at Boise State University to socialize with meetings that include games and activities. They also plan LGBTQIA events aimed at educating BSU students, faculty, and staff.
FB: https://www.facebook.com/BSUpridealliance
http://www.boisestatepridealliance.org/

Boise State University Gender Equity Center
The Gender Equity Center hosts various events, all of which are open to the community at no cost. LGBT 101 and ally development workshops are available to campus members as is the annual rainbow graduation. High school students are welcome to events, with the understanding that our target audience is college-aged students. Our newsletter provides information about upcoming events.
Website:
http://genderequity.boisestate.edu/
Facebook:
https://www.facebook.com/GenderEquityCenter?fref=ts
Newsletter:
http://genderequity.boisestate.edu/get-involved/newsletter/
Open Monday-Friday, 8-5, occasional evening events

Boise State University Office of the Registrar
Students can change their preferred name by logging onto their Student Center on my.boisestate.edu. From the ‘Main Menu’ drop down tab, select ‘Self Service’, then ‘Campus Personal Information’ and then ‘Names’. This will change the name on all university documents. To change a primary name, date of birth, social security number or Academic Advisor, students should fill out the ‘Information Update’ form at http://registrar.boisestate.edu/forms/student-forms/ (208) 426-4249
For more information, please visit https://oit.boisestate.edu/accounts/changing-username/

Office of Information Technology
If students want to change their username and/or email address they should submit a request to the Help Desk or contact OIT directly at helpdesk@boisestate.edu or (208) 426-4357
Boise State University Resources (Continued)

Single User Restrooms List
https://genderequity.boisestate.edu/lgbtqia/single-user-restrooms/

Boise State Counseling Services
The counseling center will provide individual counseling to students regarding gender identity and sexual identity issues.
Norco Building
1529 Belmont Street
(208) 426-1459.
http://healthservices.boisestate.edu/counseling/

CARE Report
The CARE Team provides assistance to the university community to help assess and find solutions for managing distressing, disturbing, disruptive, and dangerous behaviors. File an anonymous report about someone affiliated with the college if you have any concerns about their well-being.
http://care.boisestate.edu/

Alicia Estey, Executive Director
Title IX/ADA/504 Compliance
Title IX of the Education Amendments of 1972 ("Title IX") prohibits discrimination on the basis of sex in educational programs and activities. Title IX applies to public and private educational institutions that receive federal funds—including Boise State University. To file a report, visit
https://compliance.boisestate.edu/gender-based-discrimination-harassment-reporting/
Or ReportDiscrimination@boisestate.edu
Title IX/ADA/504 Discrimination
Office of Institutional Compliance
Riverfront Hall, Room 306
(208) 426-1258

Boise State University Compliance Reporting Hotline
Boise State University is committed to conducting its affairs ethically and in compliance with applicable laws and regulations as well as institutional policies. Visit the site below to learn more about policies and how to file a report.
Communities for Adults

For additional Information, See Boise State University Resources

The Community Center
1088 N Orchard St, Boise, Idaho
208-336-3870
http://tccidaho.org/trans/
FB: https://www.facebook.com/pages/The-Community-Center-TCC/9544261453
Hours: Monday & Wednesday 1pm – 3pm
Tuesday & Thursday CLOSED
Friday 2pm-5pm
Saturday 10am-12pm
Sunday CLOSED
The Community Center’s mission is to provide an inviting and safe facility for the use of all LGBT and allied community organizations and individuals.

Tri-States Transgender Group
Facebook and Social Support
FB: https://www.facebook.com/TristateTrans/
The purpose of this group is to provide support and social opportunities for the transgendered community. Meet 1st and 3rd Saturday evenings of the month.
(208) 830-7253

Community Activism: Emily Jackson-Edney
A local Trans activist, who runs the Tri-States Trans support group offered through the Community Center. Emiedney@hotmail.com

A.l.p.h.a. (Allies Linked for the Prevention of HIV and AIDS)
(208) 424-7799
575 N 8th St, Boise, ID, 83702 (8th and Washington)
http://www.alphaidaho.org/
ALPHA is committed to preventing the transmission of HIV and AIDS. They accomplish this through education, public awareness, testing and providing support to infected and affected individuals. ALPHA also provides free STI screening for Gonorrhea and Chlamydia.

Wassmuth Center for Human Rights
(208) 345-0304
777 South 8th Street, Boise, ID 83702
http://www.idaho-humanrights.org/
The Center’s Mission is to promote respect for human dignity and diversity through education and to foster our individual responsibility to work for justice and peace. The center offers programs pertaining to the education of the spiral of injustice.
Communities for Youth

The Community Center
See “Communities for Adults” for additional details
http://www.tccidaho.org/youth-social-stuff/

Lion’s Pride
Social events and online community
Lion’s Pride is dedicated to providing an online resource website with community resources and a mailing list notifying the community of Diversity events around the state.
FB: https://www.facebook.com/pages/Lion's-Pride-Cubs/212599608795551
Yahoo Group: https://groups.yahoo.com/neo/groups/lionsprideid/info
1116. S Vista Ave, #374
Boise, Idaho
(205) 850-2894

Youth Alliance for Diversity
The group was created to provide a positive support and social network for those young people who have discovered or are struggling with the realization that their sexual orientation and/or identity may not be as most others.
The group meets each week on Sunday from 4-6 pm at the Community Center.
1088 N. Orchard, Boise, ID 83705
FB: https://www.facebook.com/boiselgbtyouth
Web: http://tccidaho.org/youth-groups/

GLSEN
A National Education Organization focused on ensuring safe schools for all students, regardless of their sexual orientation, gender identity or gender expression.
http://www.glsen.org/
FB: https://www.facebook.com/GLSEN/
Support and Education for Allies: Friends, Family, School Administrators

TransYouth Family Allies
TYFA empowers children and families by partnering with educators, service providers and communities, to develop supportive environments in which gender may be expressed and respected.
http://www.imatyfa.org/
888-462-8932

Idaho Safe Schools Coalition
The Coalition’s goal is to help schools better meet the needs of all students, including those who are perceived and/or identify as LGBT as well as children of LGBT families.
Email: IdahoSSC@gmail.com.
P.O. Box 6650, Boise, ID 83707
http://idahossc.com/

Treasure Valley PFLAG
This support group meeting is for families and friends of gay, lesbian, bisexual and transgender (GLBT) people who are going through the process of finding out that someone who they care for is GLBT. They also welcome GLBT people who are coming out to families and friends.
Meeting details: 2nd & 4th Wednesday 7pm – 9pm; Southminster Presbyterian Church 6500 West Overland Rd, Boise, ID 83709
http://tccidaho.org/we-are-family/
(208) 863-5831
Email: luz_id@yahoo.com

BSU Gender Equity Center LGBT 101 Presentation:
This 90 minute presentation can be requested by professors and student organizations. Participants will learn about personal experiences of people who are LGBTQ, define different terms relating to the LGBTQ community, discuss identity, and engage in an empathy exercise.
(208) 426-4259
https://genderequity.boisestate.edu/
Name Changes, Documents, and Identity

ACLU of Idaho
American Civil Liberties Union, LGBT Rights, Voting Rights, and Transgender Document Rights. Excellent starting point if you feel you have been discriminated against.
PO Box 1897, Boise, ID 83701
https://acluidaho.org/
(208) 344-9750

Fair is Fair Idaho
Associated with the ACLU of Idaho: How to information for name change and gender change in Idaho.
www.fairisfairidaho.org

Name Change with Boise State Registrar Office
See Boise State University Resources, pg. 4

Boise State Housing Needs
See Boise State University Resources, pg. 4.

Birth Certificate Changes
Name changes on birth certificates have to be amended through Idaho’s Health and Welfare Department’s office of vital statistics. A letter needs to be prepared for the request, along with a government issued ID and supporting documentation (court ordered legal name change document). It costs $13.00 and still could be rejected. There is no policy about whether or not the department will grant your request, but you can appeal if they deny it. The other downside to this is the “old” name is printed below the “new” name, meaning that if a birth certificate is needed for use, it will most likely “out” the person as being transgender.
https://www.acluidaho.org/en/know-your-rights/lgbtq-rights

Driver’s License Changes
Once you receive a court ordered name change document, Idaho allows for a name change on your driver’s license, vehicle title and registration, IRS, voter registration, passport, as well as notifying banks, credit card companies and insurance for $29.95 (After this is completed, you can change your Social Security card by re-applying with your passport or drivers license or ID and it’s free). https://www.acluidaho.org/en/know-your-rights/lgbtq-rights

Legal Name Change
Visit the website below to legally change your name for free. The process will include an online interview, printing forms or receiving them in the mail and then completing some state specific procedures.
Aesthetic Services

**Kathy’s Wig Boutique**
*Kathy has worked with the trans-femme community for many years.*
21 North Orchard Street
Boise, ID 83706
http://kathyswig.com/home/
Phone: (208) 376-2995

**Electrolysis and Laser Hair Removal**
*Ada West Dermatology*
1618 S. Millennium Way, Suite 100
Meridian, ID 83642
http://www.adawestdermatology.com/index.html
(208) 884-3376