



BOISE STATE UNIVERSITY

Invite the Gender Equity Center to facilitate your class!

[Interactive Workshops](#)

All workshops have 75 or 90 minute versions, unless otherwise noted.

Are you:

- ✓ *Updating a syllabus?*
- ✓ *Interested in scheduling a workshop for a day you can't facilitate class?*
- ✓ *Looking for a case study?*
- ✓ *Want your students to know about campus resources?*

We offer interactive workshops, film screenings, and discussions on a variety of topics!

Our programs relate to the following disciplines:

- *Counseling*
- *Criminal Justice*
- *Engineering*
- *Gender Studies*
- *Health Sciences*
- *History*
- *Kinesiology*
- *Marketing*
- *Multi-Ethnic Studies*
- *Nursing*
- *Political Science*
- *Psychology*
- *Social Work*
- *Sociology*
- *University Foundations*

Interested in scheduling a listed program? Submit a presentation request form at genderequity.boisestate.edu and allow for a minimum of two weeks of notice.

Looking for a workshop on another relevant topic? Let us know!

Ally Development (LGBT 101 is Preq.)

90 Minutes Only

Topics: Allyship, Identity, LGBTQ

Reflect on how allyship can counter discrimination and oppression. Create a personalized plan to help foster an inclusive environment. Participants must opt-in to this session and will receive an ally placard.

Bringing In the Bystander: Sexual Violence

Topics: Sexual Violence, Bystander Intervention

Examine the universality of bystander intervention and focus on small actions we can all take to ultimately reduce the frequency of sexual violence.

Bringing In the Bystander: Relationships (Foundations courses only)

Topics: Relationship Violence, Bystander Intervention

Examine the universality of bystander intervention and focus on small actions we can all take to ultimately reduce the frequency of relationship violence.

LGBT 101

Topics: Sexual Orientation, Gender Identity, LGBTQ Terminology

Learn about personal experiences of people who are LGBTQ, define different terms relating to the LGBTQ community, discuss identity, and engage in an empathy building exercise.

LGBT 102

Topics: Sexual Orientation, Gender Identity, Allyship

Use the knowledge you learned from LGBT 101 to discuss ways to support the LGBTQ community and how to foster inclusive spaces. Take an interactive Ally cell phone quiz and come up with ways to support someone who is coming out.

Media and Identity

Topics: Media literacy, Identity

Learn about advertising norms and their effects on identity development.

Preventing Burnout

Topics: Self Care, Productivity, Mental Health

What are the warning signs of burnout? How can it be prevented or healed? Discuss self-care practices that will help prevent burnout in your workplace and personal life.

Stalking 101

Topics: Stalking, Media, Technology

Discuss stalking behaviors and prevalence, examine stalking in media, and explore how technology is used. Learn how you can support someone impacted by stalking.

Interactive Workshops (Continued)

Trans 101 (LGBT 101 is Preq.)

Topics: Transgender Identities, Gender, Allyship

Hear personal stories and become more familiar with trans identities. Gain a stronger understanding of common vocabulary related to identity and build an action plan for how to be more inclusive to people who are trans.

Un/Healthy Relationships

Topics: Un/Healthy Relationships Dynamics, Offering Support, Resources

Dialog about the cycle of abuse and the wheel of power and control to identify a diversity of abusive behaviors and examine actions you can take to promote healthy relationships. Resources are highlighted.

Gender Equity Center Overview

Offered from 15-60 minutes

Topics: Campus Resources, LGBTQ, Gender Equity, Healthy Relationships

Learn about no cost support services, community building opportunities, and how our center promotes a critical thinking about social issues related to gender, LGBTQ identity, and healthy relationships.

Films

We typically facilitate 30-45 minute discussions following screenings. Abridged screenings and discussions can be available for 75 minute courses when requests are made at least one month in advance.

Audrie and Daisy

Film Length: 98 min

Topics: Sexual Assault, Criminal Justice, Suicide

Two teenage girls are sexually assaulted by boys they call friends. Both attempt suicide, and tragically, one dies. The film explores online harassment from the perspectives of the teenagers and their families.

<http://www.audrieanddaisy.com/>

Boys and Men Healing

Film Length: 58 min

Topics: Sexual Assault, Child Abuse, Male Victims

What impact does the sexual abuse of boys have on the individual, as well as society? Follow the stories of three men and their experiences healing. Discuss how you can help prevent child sexual abuse.

<http://bigvoicepictures.com/production-3/boys-and-men-healing/>

Brand New You: Makeover Television and the American Dream

Film Length: 53 min

Topics: Body Image, Body Shaming, Societal Impact, Media

What do reality television shows tell us about who has value? This film shows how interventions featured in makeover shows reproduce conventional norms of physical attractiveness and success. Discover how these shows impact concepts of shame, mental health, and physical well-being.

<http://shop.mediaed.org/brand-new-you-p73.aspx>

Bullied

Film Length: 40 min

Topics: LGB experiences, Bullying, Law

Follow the story of Jamie Nabozny, the unrelenting bullying he faced in middle school and high school, and his pursuit to end sexual orientation bullying in schools. <http://www.tolerance.org/kit/bullied-student-school-and-case-made-history>

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Flirting With Danger

Film Length: 60 min

Topics: Sexual Assault, Consent, Sexuality, Victim Blaming, Media

How does our culture perpetuate blaming of sexual assault and dating violence victims? This film provides an examination of power and control in heterosexual relationships through the telling of personal experiences and takes a look into how media influences our ideas of sex and healthy relationships. <http://www.mediaed.org/cgi-bin/commerce.cgi?preadd=action&key=250>

For the Bible Tells Me So

Film Length: 95 min

Topics: LGB experiences, Religion

Through the experiences of five families we discover how insightful people of faith handle having a gay child. Informed by voices as Bishop Desmond Tutu, Harvard's Peter Gomes, Orthodox Rabbi Steve Greenberg and Reverend Jimmy Creech, this film offers clarity and understanding to anyone caught in the crosshairs of scripture and sexual identity. <http://www.forthetibletellmeso.org>

Films (Continued)

Growing Up Trans

Film Length: 86 min

Topics: Trans Experiences, Gender Identity, Parenting

An intimate exploration of the struggles and choices facing transgender kids and their parents. Through moving, personal stories of children, parents and doctors, the film examines new medical interventions increasingly being offered at younger ages. <http://www.pbs.org/wgbh/frontline/film/growing-up-trans/>

The Hunting Ground

Film Length: 90 min

Topics: Campus Sexual Assault, Community Organizing, Advocacy, Higher Education

This expose on campus sexual assault, which includes descriptions of institutional cover ups as well as personal stories from victims and their families, clarifies victim rights and discusses legal obligations of universities. <http://www.thehuntinggroundfilm.com/>

The Illusionists

Film Length: 54 min

Topics: Globalization, Beauty Standards, Sexism, Media Literacy, Consumerism

Insecurity sells. Multi-billion dollar industries saturate our lives and media with unattainable beauty standards, body hatred, and Westernized ideals of perfection. While women are the largest target of insecurity marketing, the number of ads targeting men and children are rising. Discuss how we can use consumer power to turn the tables. <http://theillusionists.org/film/>

Intersexion

Film Length: 68 min

Topics: Intersex Identities and Experiences, Gender Identity, Sexuality

In this documentary, intersex individuals reveal the secrets of their unconventional lives - and how they have navigated their way through this strictly male/female world, when they fit somewhere in between. <http://www.intersexionfilm.com/>

Iron Jawed Angels

Film Length: 123 min

Topics: Activism, Suffrage, United States History

Follow the remarkable and little-known story of a group of passionate and dynamic young women, led by Alice Paul and her friend Lucy Burns, who put their lives on the line to fight for American women's right to vote. <http://iron-jawed-angels.com/>

The Invisible War

Film Length: 93 min

Topics: Sexual Assault, Military, Violence Against Women

Focus on the stories of rape victims, as this film outlines the systemic cover-up of military sex crimes, chronicling women's struggles to rebuild their lives and fight for justice. The hard-hitting interviews with high-ranking military officials and members of Congress reveal the perfect storm of conditions that exist for rape in the military, its long-hidden history, and what can be done to bring about much-needed change. <http://invisiblewarmovie.com/>

The Mask You Live In

Film Length: 90 min

Topics: Masculinity, Media Literacy, Mental Health of Boys & Men

Follow the stories of boys and young men as they struggle to stay true to themselves while negotiating pressure from media, peers, and even the adults in their lives which encourage them to disconnect from their emotions, devalue authentic friendships, objectify and degrade women, and resolve conflicts through violence. The Mask You Live In ultimately illustrates how we, as a society, can raise a healthier generation of boys and young men. <http://therepresentationproject.org/films/the-mask-you-live-in/>

Miss Representation

Film Length: 87 min

Topics: Sexism, Media Literacy

Challenge media's limited and often disparaging portrayals of women and girls, which make it difficult for women to achieve leadership positions and for the average woman to feel powerful herself. Reflect on the stories of teenage women and interviews with politicians, journalists, entertainers, activists, and academics and build momentum for a new perspective. <http://therepresentationproject.org/films/miss-representation/>

Out in the Night

Film Length: 75 min

Topics: LGB Experiences, Race, Criminal Justice System, Journalistic Reporting, Profiling

In 2006, a group of young friends, who are African American lesbians, experienced sexual harassment and fought back. Follow their stories through the event, their arrest and time spent incarcerated, and how our media reports violence in relation to race and sexual orientation. <http://www.outinthenight.com/>

Films (Continued)

The Out List

Film Length: 60 min

Topics: LGBT Experiences, History

Listen to the stories of LGBT celebrities as they discuss their experiences being out. Celebrities range in their gender identities, gender expressions, sexual orientations, family backgrounds, ethnicities, and occupations. <http://outlistproject.com/>

Pink Ribbons, Inc.

Film Length: 98 min

Topics: Consumer Literacy, Exploitation, Capitalism, Breast Cancer

Who benefits from cancer awareness? Breast cancer awareness marketing permeates our culture. Discuss how leading breast cancer campaigns obscure the reality and facts of cancer with the sales of products that may actually contribute to the spread of cancer.

http://firstrunfeatures.com/trailers_pinkribbonsinc.html

A Place at the Table

Film Length: 84 min

Topics: Hunger, Classism, Food Insecurity

Fifty million people in the U.S.—one in four children—don't know where their next meal is coming from.

This film examines the issue of hunger in America through the lens of people struggling with food insecurity, and how this issue could be solved once and for all. <http://campaigns.takepart.com/place-at-the-table>

Profiled

Film Length: 53 min

Topics: Racial Profiling, History

In the past 20 years, the NYPD has murdered almost 300 unarmed Black and Latin New Yorkers. This documentary shows the families of the victims of police killings and how they organize to raise awareness about policy brutality. <http://www.kathleenfoster.com>

Rape in the Fields

Film Length: 54 min

Topics: Sexual Assault, Migrant Women

Expose the hidden reality faced by migrant women working in America's fields and packing plants as they fight to stay employed and provide for their families. Examine the culture of rape in the fields and the systems that prevent access to justice. <http://www.pbs.org/video/frontline-rape-fields-show/>

Top Secret Rosies

Film Length: 56 min

Topics: Women in STEM, History

In 1942 a secret US military program was launched to recruit female mathematicians who would become human 'computers' for the Army. When the first electronic computer (ENIAC) was developed, six of these women were tapped to become its first programmers, yet the amazing account of these women remains untold, until now. <http://vimeo.com/18327205>

Tough Guise 2

Film Length: 78 min

Topics: Masculinity, Violence, Media Literacy

What are the connections between mass shootings, day-to-day gun violence, violence against women, bullying, gay-bashing, and American militarism? In this film, Jackson Katz critically analyzes the impact of messages that boys and young men routinely receive and suggests an alternate conceptualization of masculinity. <http://www.mediaed.org/cgi-bin/commerce.cgi?preadd=action&key=237>