Trans* Friendly Resources in the Treasure Valley

This resource list is compiled by the Boise State University Gender Equity Center. Special thanks to students in Trans Alliance, Dianne Piggott and everyone else who has shared their positive experiences with providers in the community, so we could include them in this guide.

Aesthetic Services .......................................................... pg. 2
Boise State University Resources........................................pg. 3-4
Communities for Adults .....................................................pg. 5
Communities for Youth .....................................................pg. 6
Counseling ................................................................. pg. 7
Crisis Support ............................................................... pg. 8
Support and Education for Allies,
Friends, Family, School Administrators................................. pg. 9
Name Changes, Documents, and Identity................................. pg.10
Physicians........................................................................ pg. 11
Aesthetic Services

Electrolysis and Laser Hair Removal
Ada West Dermatology
1618 S. Millennium Way, Suite 100
Meridian, ID 83642
http://www.adawestdermatology.com/index.html
(208) 884-3376

FtM Essentials
Binders
https://www.ftmessentials.com/collections/binders

Kathy’s Wig Boutique
Kathy has worked with the trans-femme community for many years.
21 North Orchard Street
Boise, ID 83706
https://www.facebook.com/Kathys-Wig-Boutique-155432027828388/
Phone: (208) 376-2995
Boise State University Resources

The resources in this section (pgs. 2-3) are located on the Boise State University campus.

Alicia Estey, Interim Coordinator of Title IX/ADA/504 Compliance
Title IX of the Education Amendments of 1972 (“Title IX”) prohibits discrimination on the basis of sex in educational programs and activities. Title IX applies to public and private educational institutions that receive federal funds—including Boise State University. To file a report, visit: https://compliance.boisestate.edu/title-ix/
Or ReportDiscrimination@boisestate.edu
Office of Institutional Compliance
Riverfront Hall, Room 306
(208) 426-1258

CARE Report
The CARE Team responds to distressing, disturbing, disruptive, and dangerous behaviors. File an anonymous report about someone affiliated with the college if you have any concerns about their well-being. http://care.boisestate.edu/

Compliance Reporting Hotline
Boise State University is committed to conducting its affairs ethically and in compliance with applicable laws and regulations as well as institutional policies. Visit the site below to learn more about policies and how to file a report. https://secure.ethicspoint.com/domain/media/en/gui/37887/index.html

Counseling Services
The counseling center will provide individual counseling to students. 208-426-1459
https://healthservices.boisestate.edu/counseling/

Gender Equity Center
The Boise State University Gender Equity Center empowers students to achieve their academic goals by providing educational outreach; a safe space; and confidential, no-cost support services for people of all genders.
Website: http://genderequity.boisestate.edu/
Facebook: https://www.facebook.com/BoiseStateGenderEquityCenter/

Housing and Residence Life
Housing and Residence Life provides a vibrant residential experience that promotes learning, academic excellence, and meaningful relationships. Gender inclusive housing is available in most locations.
housing@boisestate.edu
(208) 447-1001
Human Resources
Employees can change their preferred name by logging on to the HR System (Peoplesoft). Select ‘Personal Information’ then ‘Names’. This will change the name on all university documents. Employees with a legal name change will need to provide an updated social security card and complete a Name Change Request form through the Human Resources office. Employees will need to contact OIT to change their email address.
https://hrs.boisestate.edu/
208-426-1616

Information Desk
Students can receive a replacement Bronco ID card at no cost to update chosen or legal name. Bring a valid ID with your name to the Information Desk in the Student Union Building.

Office of the Registrar
Students can change their preferred name by logging onto their Student Center on my.boisestate.edu. From the ‘Main Menu’ drop down tab, select ‘Self Service’, than ‘Campus Personal Information’ and then ‘Names’. This will change the name on all university documents. To change a primary name, date of birth, social security number or Academic Advisor, username and/or email address students should fill out the ‘Information Update’ form at
http://registrar.boisestate.edu/forms/student-forms/
208-426-4249

Pride Alliance
Provides a safe space for LGBTQIA students at Boise State University to socialize with meetings that include games and activities.
https://www.facebook.com/BSUpridealliance/

Transgender Alliance
Advocates for transgender, non-binary, and gender non-conforming students on campus. We hold regular meetings and events on Boise State campus.
https://www.facebook.com/boisestatetransalliance/
Communities for Adults

a.l.p.h.a. (Allies Linked for the Prevention of HIV and AIDS)
208-424-7799
537 W Bannock St, Suite 100, Boise, ID 83702
http://www.alphaidaho.org/
ALPHA is committed to preventing the transmission of HIV and AIDS. They accomplish this through education, public awareness, testing and providing support to infected and affected individuals. ALPHA also provides free STI screening for Gonorrhea and Chlamydia. Monday-Friday 11am-8pm

Community Activism: Emily Jackson-Edney
The Community Center’s mission is to provide an inviting and safe facility for the use of all LGBT and allied community organizations and individuals. A local Trans activist, who runs the Tri-States Trans support group offered through the Community Center. Emiedney@hotmail.com

The Community Center
1088 N Orchard St, Boise, Idaho
208-336-3870
https://tccidaho.org/
FB: https://www.facebook.com/pages/The-Community-Center-TCC/95442614535
Hours: Monday & Wednesday 1pm – 3pm Tuesday, Thursday, & Friday CLOSED Saturday 10am - 12pm, 1pm - 4pm Sunday CLOSED

Treasure Valley PFLAG
“PFLAG” is Parents, Families, and Friends of Lesbians and Gays. PFLAG supports LGBT people, their families and friends locally and nationally by providing PFLAG chapter help lines, support group meetings and resources.
Phone: 208-863-5831
Email: luz_id@yahoo.com

Tri-States Transgender Group
Facebook and Social Support
FB: https://www.facebook.com/TristateTrans/
Provides support, advocacy, education and social opportunities for the transgender community in a safe and fun atmosphere. Outreach is to the entire spectrum of the transgender community including cross dressers, transsexuals (FtM, MtF), intersex, two-spirit, genderqueer transgender significant others, and those interested in gender issues. For information (and for a initial interview for first-time attendees), contact Emilie Jackson-Edney at 208-830-7253 or emiedney@hotmail.com

Wassmuth Center for Human Rights
208-345-0304
777 South 8th Street, Boise, ID 83702
https://wassmuthcenter.org/wassmuth-center-for-human-rights-boise/
The Center’s Mission is to promote respect for human dignity and diversity through education and to foster our individual responsibility to work for justice and peace. The center offers programs pertaining to the education of the spiral of injustice.
Communities for Youth

The Community Center
See “Communities for Adults” on page 4 for additional details

GLSEN
A National Education Organization focused on ensuring safe schools for all students, regardless of their sexual orientation, gender identity or gender expression.

http://www.glsen.org/
FB: https://www.facebook.com/GLSEN/

Youth Alliance for Diversity
YAD is open to all LGBT and allies aged 20 and under. It meets every Sunday from 4-6pm at The Community Center (TCC).
1088 N. Orchard, Boise, ID 83705
https://www.facebook.com/boiselgbtyouth
Counseling

Boise State Counseling Services
See “Boise State University Resources” on page 3 for additional details.

Dianne Piggott, Counseling Intern
(availability?)
Any others
Pro-bono counseling services
Ambitions of Idaho
6550 W. Emerald St. Suite 108 Boise, ID 83704
208-344-2228
http://ambitionsofidaho.org/locations/

Dr. Misty Wall, PhD, MSSW, LCSW
LGBT Issues, Family Adjustment
2825 S. Meridian Road, Suite 150
Meridian, ID 83642
208-297-9495
https://www.drwallandassociates.com/

Jennifer Gess, PhD, LMHC, LCPC
LGBTQA Distance Counseling and Training
425-922-9016
www.jennifergess.com

Jen Moore, LPC, NCC, M.Coun.
LGBTQ+ (more description)
Oak Tree Counseling and Wellness
3350 W. Americana Terrance Suite 210B
Boise, ID 83706
208-917-1131
https://www.jenmoorecounseling.com/

Kristine Kirsch, LPC, M.Coun.
Individual Counseling and transition
Group. Group offers a therapeutic support for individuals on hormone replacement therapy. Closed group meets every other Monday evening at 7pm. Contact for openings and prescreening requirements.
Synchronicity Counseling
3350 Americana Terrace, Suite #215 Boise, ID 83706
208-830-8658

Mardi Stacy, PhD, PLLC; Licensed Psychologist
Work with adults, teens and couples, seeking help with relationships, transitions and more.
1718 W Jefferson, Boise, ID, 83702
208-424-8130
http://www.mardistacyphd.com/
Crisis Support

Adriane Bang and Kim Camacho, LMSW
Boise State Gender Equity Center
Licensed Master Social Worker Adriane Bang and Kim Camacho can meet with students for support service meetings and provide referrals Monday-Friday 8am-5pm.
https://genderequity.boisestate.edu/
208-426-4259

IYG National Hotline for LGBT Youth
Provides comprehensive information about national and local resources for LGBTQ teens.
(1-800-347-TEEN)

The Northwest Network
Description of services
https://www.nwnetwork.org/support-for-survivors

Self-Rescue Manual
A guide to all community resources and supports in Ada County.
http://www.selfrescuemanual.com/

Idaho Suicide Prevention Lifeline
A crisis intervention, emotional support, problem solving and referrals to local resources for persons at risk for suicide and for those concerned about them.
https://www.idahosuicideprevention.org/
Text or Call: 1-208-398-4357

Trans Lifeline
A crisis support hotline staffed by transgender people for transgender people.
translifeline.org
877-565-8860

Trevor Project/Helpline
Crisis Intervention for LGBT Youth
1-866-488-7386
TrevorText: Text START to 678678
http://www.thetrevorproject.org/section/about
Support and Education for Allies, Friends, Family, School Administrators

Boise State University Gender Equity Center LGBTQIA+ Presentations:
Presentations can be requested by professors and student organizations. Current offerings include LGBTQIA+ 102, LGBTQIA+ 208, 426-4259
https://genderequity.boisestate.edu/

TransYouth Family Allies
TYFA empowers children and families by partnering with educators, service providers and communities, to develop supportive environments in which gender may be expressed and respected.
http://www.imatyfa.org/
888-462-8932

Treasure Valley PFLAG
Parents, Families, and Friends of Lesbians and Gays (PFLAG) supports LGBT people, their families and friends locally and nationally by providing help lines, support group meetings and resources.
Phone: 208-863-5831
Email: luz_id@yahoo.com
Name Changes, Documents and Identity

American Civil Liberties Union of Idaho (ACLU)
LGBT Rights, Voting Rights, and Transgender Document Rights. Excellent starting point if you feel you have been discriminated against.
PO Box 1897, Boise, ID 83701
https://acluidaho.org/
208-344-9750

Fair is Fair Idaho
Associated with the ACLU of Idaho: How to information for name change and gender change in Idaho.
www.fairisfairidaho.org

Idaho Birth Certificate Changes
Name changes on birth certificates have to be amended through Idaho’s Health and Welfare Department’s office of vital statistics. A letter needs to be prepared for the request, along with a government issued ID and supporting documentation (court ordered legal name change document). It costs $13.00 and still could be rejected. There is no policy about whether or not the department will grant your request, but you can appeal if they deny it.
The other downside to this is the “old” name is printed below the “new” name, meaning that if a birth certificate is needed for use, it will most likely "out" the person as being transgender.
People who were born in Idaho can apply to change the indicator of sex on their birth certificate to match their gender identity; no medical documentation is required. To apply for an updated birth certificate, the applicant must submit all items in the Idaho Gender Change Packet to the Idaho Bureau of Vital Records and Health Statistics. There is a fee of $20 to process the application and $16 for each new birth certificate.

Idaho Driver’s License Changes
Once you receive a court ordered name change document, Idaho allows for a name change on your driver’s license, vehicle title and registration, IRS, voter registration, passport, as well as notifying banks, credit card companies and insurance for $29.95. After this is completed, you can change your Social Security card by re-applying with your passport or driver’s license or ID and it’s free.

Legal Name Change
Visit the websites below to learn how to change your name in the state of Idaho.
https://courtsselfhelp.idaho.gov/name-changes
https://www.idaholegalaid.org/node/2215/name-change-self-help-forms

Name Change with Boise State Registrar Office
See Boise State University Resources, pg. 2
Physicians

Dr. Anthony Jordan, M.D.
FtM Hormone experience, Family Practice
St. Luke’s Family Health
12080 West McMillan Road, Boise, ID 83713
https://www.stlukesonline.org/health-services/providers/jordan-anthony
(208) 375-4955

Dr. Ashley Davis, M.D.
Certified in Family Medicine
Hormones and General Practice
30% discount on office visit and 10% discount on bloodwork for cash payments
222 North 2nd Street #204, Boise, ID 83702
http://davisfamilymedicine.net/
208-429-9100

Dr. Daniel P. Flynn, M.D.
Pediatric Endocrinology
St. Luke’s Children Endocrinology
Idaho Professional Building 125 E. Idaho St
Suite 200
Boise, ID 83712
Open Mon-Fri 8am-4pm
https://www.stlukesonline.org/health-services/providers/flynn-daniel
208-381-7340

Dr. Lisey Etherington, M.D.
FtM Breast Reconstruction
Saint Alphonsus Medical Group Plastic & Reconstructive Surgery
900 N Liberty St, Ste 101, Boise, ID 83704
https://www.saintalphonsus.org/reconstructive-surgery
208-302-2200

Dr. Marvin Alviso, M.D.
Family Medicine Residency
Family Medical, hormones, Puberty Blockers, HIV-AIDS, Sliding scale available for cost of office visit and prescriptions (including hormones)
6565 W Emerald St, Boise, ID 83704
http://www.fmridaho.org/residency/
208-514-2510

Dr. Tara Whitaker, M.D.
Family Medicine, Hormones
Capital City Family Medicine
1520 W. State Street, Suite 100, Boise, Idaho 83702
https://www.stlukesonline.org/health-services/providers/whitaker-tara
208-947-7700